

MOVE MORE

**MACMILLAN
CANCER SUPPORT**

Move More Northern Ireland aims to ensure that people living with cancer understand the importance of an active lifestyle, and that they receive the support that they need to become and remain active and to enjoy an improved quality of life as a result.

Macmillan Cancer Support is currently in the process of developing 11 Move More projects, ensuring that Move More is available and accessible to people living with cancer in every council area of Northern Ireland. At present, the following Move More projects are currently operational:

Move More Project	Move More Coordinator
Antrim & Newtownabbey	Alan McCausland T: 075 8765 7488 E: movemore@antrimandnewtownabbey.gov.uk
Ards & North Down	Eimear Hagan T: 077 1819 4434 E: Eimear.hagan@serco.com
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Belfast	Claire Murphy T: 077 8842 1987 E: movemore@gll.org
Causeway Coast & Glens	Catherine Bell-Allen T: 075 9739 9765 E: move.more@causewaycoastandglens.gov.uk
Derry & Strabane	Sean Hargan T: 078 7242 3754 E: MoveMore@DerryStrabane.com
Fermanagh & Omagh	Aidan McCarron T: 074 6498 0250 E: movemore@fermanaghomagh.com
Lisburn & Castlereagh	Kelly Irwin T: 073 9228 0829 E: movemore@lisburncastlereagh.gov.uk
Mid & East Antrim	Aaron Irwin T: 079 3963 4434 E: Move.More@midandeastantrim.gov.uk
Mid Ulster	Conor Fox T: 077 8868 2163 E: movemore@midulstercouncil.org
Newry, Mourne & Down	Laura McGrath T: 077 6928 5574 E: movemore@nmandd.org

To get involved or to find out more about Move More Northern Ireland:

Call, Text or Email your local Move More Coordinator.

You can also follow us at:

www.facebook.com/movemoreni & www.twitter.com/movemoreni