## **HOLD THE DATE!**

## World Mental Health Day 10 October 22 12.00pm – 2.00pm

**Europa Hotel Belfast** 



Let's Talk About....

**Cancer & Mental Health** 

Macmillan Cancer Support together with charity partners Aware & Mindwise, have worked in collaboration with people with a lived experience of cancer and mental health issues to test drive a range of mental health support programmes. In this lunchtime seminar, you will hear from those who participated in the programmes and how their experiences are helping us shape our support offers to people with cancer and mental health issues going forward.

Contact: Eimear Hagan at <a href="mailto:EHagan@macmillan.org.uk">EHagan@macmillan.org.uk</a> to confirm your place





